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- Sonography
 2D Echo
 Stress Test
- Mammography
 DEXA Bone Densitometry
- AI Powered MRI
 CT Scan

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Health Checkup Packages

NM Health Plan	Primary	Gold	Gold Plus	Platinum	Diamond	Senior Citizen
CBC + ESR	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Tests for Diabetes						
Blood Sugar (Fasting/PP/ PG)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Tests for Liver Disease						
SGOT/SGPT/GGTP	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Bilirubin / Alkaline Phospatase	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Proteins (Albumin, Globulin, A/G Ratio)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Tests for Heart Disease						
Triglycerides	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Cholesterol	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
HDL/LDL/VLDL Cholesterol	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
LDL/ HDL Ratio	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Total Cholesterol/ HDL Ratio	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Tests for Kidney Disease						
Urea	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	×
Creatinine	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Uric Acid	\checkmark	\checkmark	\checkmark	\checkmark	✓	\checkmark
Urine Routine	\checkmark	\checkmark	\checkmark	\checkmark	✓	\checkmark
Calcium	×	\checkmark	\checkmark	\checkmark	✓	\checkmark
Electrolytes	×	×	×	\checkmark	✓	×
Consultations						
Physical Examinations	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Dental Checkup	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Eye Checkup	\checkmark	\checkmark	\checkmark	\checkmark	✓	\checkmark
Gynaecological Examinations**	×	\checkmark	\checkmark	\checkmark	\checkmark	×
Diet & Nutrition Counseling	×	\checkmark	\checkmark	\checkmark	\checkmark	×
Diagnostic Tests						
Chest X-Ray (Digital)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
E.C.G (12 Lead)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Sonography Abdomen & Pelvis	×	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Stress Test	×	\checkmark	\checkmark	\checkmark	\checkmark	×
Pap Smear**	×	\checkmark	\checkmark	\checkmark	\checkmark	×
2D Echo*	×	×	\checkmark	\checkmark	\checkmark	×
Mammography**	×	×	\checkmark	\checkmark	\checkmark	×
DEXA Bone Densitometry	×	×	\checkmark	\checkmark	\checkmark	\checkmark
Body Fat Analysis	×	×	\checkmark	\checkmark	\checkmark	×
Spirometry	×	×	\checkmark	\checkmark	\checkmark	×
Specialized Investigations						
Thyroid Profile (T3, T4, TSH)	×	\checkmark	\checkmark	\checkmark	\checkmark	×
Hepatitis B	×	×	\checkmark	\checkmark	\checkmark	×
Vitamin D	×	×	×	\checkmark	\checkmark	\checkmark
Vitamin B12	×	×	×	\checkmark	\checkmark	\checkmark
PSA for Prostate Cancer*	×	×	\checkmark	\checkmark	\checkmark	\checkmark
CA 125 for Ovarian Cancer**	×	×	×	\checkmark	\checkmark	\checkmark
Carotid Colour Doppler	×	×	×	\checkmark	\checkmark	×
MRI Whole Spine / CT Coronary Angio***	×	×	×	×	\checkmark	×
Glycosylated Haemoglobin	×	×	\checkmark	\checkmark	\checkmark	\checkmark
Allergy Screening Test	×	×	×	\checkmark	\checkmark	×
Investments : Rs.	3,500/-	6,950/-	9,950/-	17,500/-	27,500/-	7,000/-

*for males only **for females only